

| *the* | good life

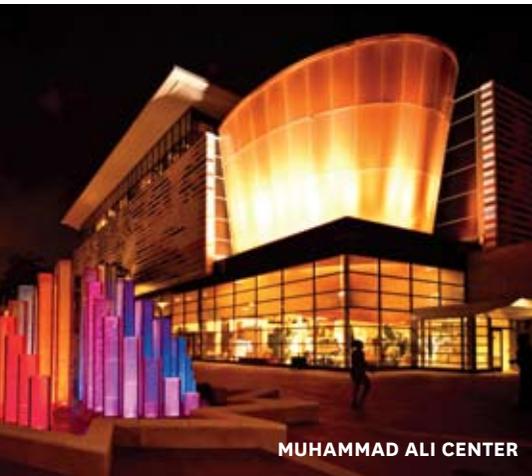
SOUTHERN CHARM

BELOVED FOR ITS SMOKY BOURBON AND KENTUCKY DRAWL—LOCALS CALL IT *LOU-VUHL*—LAID-BACK **LOUISVILLE** IS FAST BECOMING A FAVORITE DESTINATION AMONG FOODIES, FAMILIES, AND ADVENTURE SEEKERS. HERE ARE THE HISTORIC CITY'S TRAVEL HIGHLIGHTS.

BY AMANDA CARGILL



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MUHAMMAD ALI CENTER

VISIT: MUHAMMAD ALI CENTER

History, culture, and sports collide in Louisville, most notably at the Louisville Slugger Museum, Churchill Downs—the renowned racetrack that’s home to the 142-years-running Kentucky Derby—and the Muhammad Ali Center, which explores the late boxer’s personal and professional success through the prisms of race, education, and the six core principles that guided his life’s journey. Prepare to be inspired.



JOE LEY ANTIQUES

For the Kids

Delight young adventurers with a visit to Louisville Mega Cavern, home of the nation’s only underground bike park and the world’s only fully underground zip-line adventure.

For the Grown-Ups

Hit up the Bourbon Trail with a visit to the Stitzel-Weller Distillery, where guests can enjoy historic tours, tastings, and breathtaking pastoral views.

For the Art-Lover

Check out the spectacular collection of contemporary art at the 21c Hotel Museum. Free of charge and open 24/7/365, it features works by both up-and-coming and well-established artists.



THE MAYAN CAFÉ

EAT: SEVICHE & THE MAYAN CAFÉ

Louisville’s food scene is booming, thanks to a strong local-foods movement and a bevy of talented chefs. Of the city’s more than 2,500 restaurants, two of the most consistently high-rated are Latin: Seviche, by James Beard Award-nominated chef Anthony Lamas, and the Mayan Café, by Mexican chef Bruce Uacán. Both pay homage to the flavors of their childhoods, with subtle nods to Southern cuisine mixed in.



SEVICHE



THE GALT HOUSE

STAY: THE GALT HOUSE

Named for a historic hotel that once stood nearby, the two-tower Galt House overlooks the Ohio River and boasts spectacular city views, an aquarium bar—fish swim in the glass-enclosed bar beneath you as you sip—and numerous shops and cafés. Bonus points: It’s eco-friendly—the Galt House is home to one of the world’s largest geothermal heating and air-conditioning systems.

SHOP: MARKET STREET

If you favor antiques and quirky souvenirs, the shops on Market Street in NuLu—Louisville’s fashionably chill nabe just east of downtown—are your Mecca. Don’t miss the garden shop at Joe Ley Antiques and the playful mementos across the street at Revelry Boutique.

FUN FACTS:

90% OF THE DISCO BALLS PRODUCED IN THE U.S. ARE MADE IN LOUISVILLE.

OLD LOUISVILLE IS HOME TO THE LARGEST COLLECTION OF VICTORIAN ESTATES IN THE U.S.

95% OF THE WORLD’S BOURBON IS PRODUCED IN KENTUCKY.

PHOTOGRAPHS: CLOCKWISE FROM TOP LEFT: MUHAMMAD ALI CENTER; KRIECH-HIGDON PHOTOGRAPHY; ANTHONY LAMAS; GALT HOUSE HOTEL.